

# **James L. Holly, M.D.**

## **SETMA's Medical Home Scope of Services**

Being a patient in SETMA's patient-centered medical home means you have access to a wide range of other clinical support services. These services include:

1. Dietary Education through SETMA's American Diabetes Association approved Diabetes Self Management Education program. SETMA's education department also trains patients in dietary weight management, cholesterol control, the Dietary Approach to Stopping Hypertension (DASH), Renal Dietary management, and others.
2. Cardiovascular Laboratory in which you can be tested for heart disease with stress test, dobutrex Stress Test, echocardiograms, arterial Doppler, carotid Doppler, holter monitors, etc.
3. Pulmonary Function testing
4. Bone Densitometry for osteoporosis
5. Allergy Testing
6. Cardiovascular Risk Stratification with Carotid Intima Thickening testing
7. Ultrasonography for abdomen, pelvis, venous, etc.
8. Laboratory services – SETMA's reference laboratory provides an extensive array of testing, all of which are link with the electronic medical record.
9. Radiologic services including Mobile x-ray
10. Physical Therapy which provides state-of-the-art to all patients for cardiac rehab, conditioning and all other modalities of physical therapy.
11. Infusion Center
12. Specialty Diabetes care through the Joslin Diabetes Affiliate at Southeast Texas Medical Associates.

SETMA continually studies, learns and innovates to bring outstanding care to all of our patients. SETMA's multi-specialty care is available for:

Cardiology

Diabetes Educators

Dieticians

Family Medicine

Infectious Disease

Internist

Neurology

Nurse Practitioners

Pediatrics

Physical Therapist

Rheumatology



## **Comprehensive Support is SETMA's Ancillary Healthcare Services for Nursing Homes and Home Health Agencies**

Southeast Texas Medical Associates, LLP has designed comprehensive support services to assist you and your facility/agency in providing quality healthcare, in maintaining quality of life for your clients/residents, and in doing both in a cost-effective manner. SETMA's Comprehensive Support Services allows you to interact with one provider for all of the medically-related services which you need in order to operate your facility/agency in compliance with applicable laws and consistent with your commitment to excellence. SETMA looks forward to demonstrating our commitment to excellence in healthcare, to success for your facility/agency, and to doing both of these in a manner which is cost-effective for your agency. SETMA would be happy to discuss how we can customize these comprehensive support services to meet your needs.

### **Medical Director**

The Medical Director of a residential nursing facility is an active participant in assuring quality care for the residents of the facility. The Medical Director's commitment to excellent care, expertise in geriatrics, ability to work with the administration to put in place protocols for quality patient care, and the Medical Director's participation in quality assurance and utilization review, all make him/her an invaluable member of your healthcare team.

SETMA offers Medical Director services to residential nursing facilities and to Home Health Agencies to facilitate their mission statement, to extend their services to others and to assure consistent quality care. SETMA is prepared to spend the necessary time, and in conjunction with Certified Family Nurse Practitioners, to oversee the medical care of each resident of the nursing facility and/or each client of the home health agency. SETMA's physicians are also prepared to work with other physicians who have patients in the facility and/or in the home health agency to insure timely provision of appropriate medical services.

### **Nurse Practitioners**

Certified Family Nurse Practitioners are part of the professional staff at SETMA. SETMA currently employs 11 CFNP's. These healthcare colleagues provide SETMA with the capacity to extend excellent healthcare to even more residents of Southeast Texas. They also make it possible for SETMA to insure weekly, and if necessary, daily, follow-up on patients who have active medical problems.

The Texas Department of Human Services NFR-LMC 95-0 states:

"19.1205. Physician Delegation of Tasks. (a) In a Medicare skilled nursing facility (SNF), except as specified in subsection (b) of this section, a physician may delegate tasks to a physician assistant, nurse practitioner, or clinical nurse specialist ... (c) In a Medicaid

nursing facility, any required physician task may also be satisfied when performed by a nurse practitioner, clinical nurse specialist, or physician assistant who is not an employee of the facility but who is working in collaboration with a physician ..."

The CFNP's associated with SETMA are excellent clinicians, will help maintain the health of your clients, and will help retain them in your facility. Transfers to the hospital for untreated and remedial problems will be decreased, client satisfaction will be increased, and the facility/agency's reputation will grow. There are no direct costs to the facility/agency for the services of the CFNP. Those services are charged to the patient on a fee-for-service basis. Also, all of SETMA's providers accept assignment of Medicare and Medicaid benefits.

### **Reference Laboratory Support**

SETMA maintains a Medicare and Medicaid certified reference laboratory. The technical and professional support provided by this service, is an invaluable asset to SETMA's commitment to quality care for the residents/clients of your facility/agency. The validity of laboratory data is guaranteed by the CLIA certification and regular proficiency testing maintained by the SETMA staff. The relevance of laboratory data is guaranteed by the rapid availability of testing results because of SETMA's local ownership and location.

Your facility and/or agency will be proud to tell your clients that SETMA's reference laboratory provided your data, because then they will know that the results are valid, and that they are relevant to your residents/clients care. There are no direct costs to the facility/agency for laboratory services. These are billed to the patients' insurance. And, with SETMA's state-of-the-art Laboratory Information System, a permanent copy of all laboratory work is maintained by SETMA and is available upon request at any time by the facility/agency. This will greatly assist you with inspections and reviews.

SETMA can provide laboratory results by an on-site printer at your facility, or by a computer workstation, which will allow you to order tests from your facility. If you elect a workstation, fifty-percent of the initial cost of that workstation would be billed to the facility/agency.

### **Mobile X-ray and EKG Services**

Through American Healthcare services, an independently owned and operated mobile x-ray and EKG service, SETMA's patients are provided these services.

### **Drug Screening for Employees**

Insuring a drug-free work environment is important in all companies, but with residential patient care it is critical. SETMA's comprehensive support is able to provide the facility with routine drug screening on a periodic basis and with individual drug screening when an incident occurs with a patient/client.

It is imperative that the facility assures residents they are being treated in a drug-free environment. When an accident occurs or when a patient-incident occurs, the facility should immediately take steps to assure themselves and the client's family or guardian that the incident was not related to drug usage by the employee. SETMA can assist with this program.

### **Other Ancillary Medical Services**

Additional services can be contracted through SETMA. Some of these will be at a direct cost to the facility/agency, and some would not. SETMA's CFNPs have graduate degrees in Nursing Education, and are able to provide in-service training for your continuing education requirements. These services can be contracted at a very reasonable cost to your facility/agency.

SETMA can provide pulmonary function testing on-site at the facility/agency. This testing is done with twenty-first century technology, which provides pulse-oximetry testing and all other parameters necessary for evaluating the pulmonary status of your patients/clients.

SETMA participates in a number of public events each year for the purpose of providing free screening tests and for explaining who we are to the Southeast Texas community.