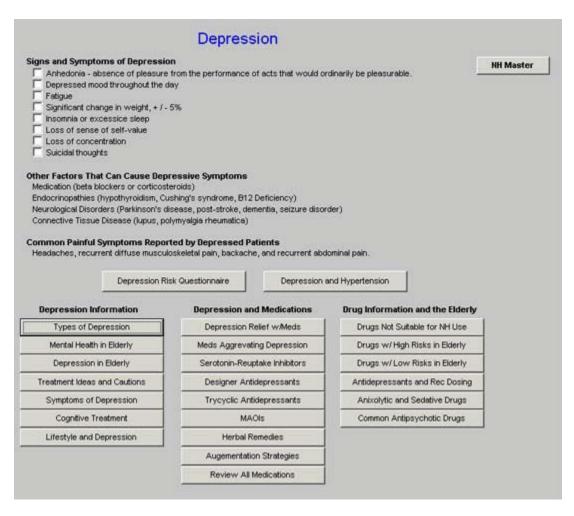
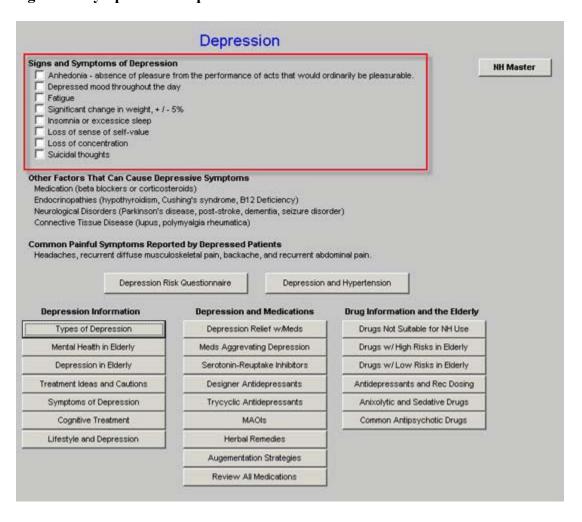
Depression Template

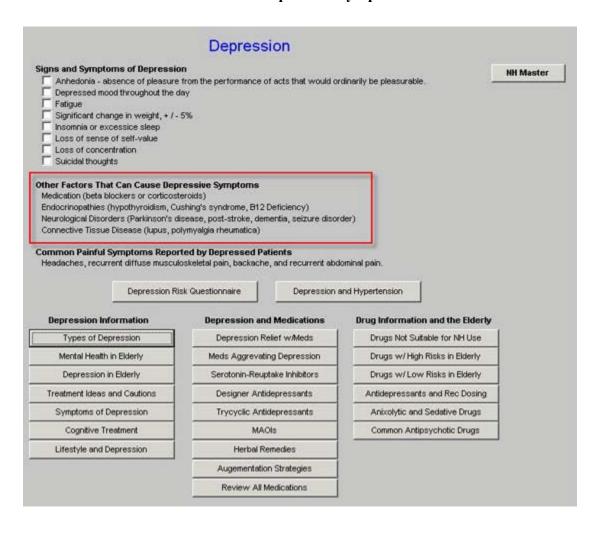
Depression is a serious and often life-threatening problem in the elderly and particularly in the elderly in long-term residential care facilities. In addition, the complexity of mediation treatment of the elderly is greater because they are often on multiple drugs which have serious interactions. While this template is mostly educational, it is key to the successful treatment of residents of long-term care facilities



Signs and Symptoms of Depression



Other Conditions That Can Cause Depressive Symptoms



Common Painful Symptoms Reported by Depressed Patients

	Depression	
ns and Symptoms of Depressio	in .	NH Maste
Anhedonia - absence of pleasure Depressed mood throughout the d	from the performance of acts that would or	rdinarily be pleasurable.
Fabique	ory.	
Significant change in weight, + / -	5%	
Insomnia or excessice sleep Loss of sense of self-value		
Loss of concentration		
Suicidal thoughts		
eer Factors That Can Cause Bept edication (beta blockers or corticost indocrinopathies (hypothyroidism, Cu surological Disorders (Parkinson's di onnective Tissue Disease (lupus, po	eroids) shing's syndrome, B12 Deficiency) isease, post-stroke, dementia, seizure disor	rder)
	oskeletal pain, backache, and recurrent abo	
padaches, recurrent diffuse muscul Depression Ri	oskeletal pain, backache, and recurrent abo sk Guestionnaire Depression	and Hypertension
Depression Information	sk Guestionnaire Depression Depression and Medications	and Hypertension Drug Information and the Elderly
Depression Information Types of Depression	sk Guestionnaire Depression Depression and Medications Depression Relief w/Meds	Drug Information and the Elderly Drugs Not Suitable for NH Use
Depression Ri Depression Information Types of Depression Mental Health in Elderly	sk Guestionnaire Depression Depression and Medications Depression Relief w/Meds Meds Aggrevating Depression	Drug Information and the Elderly Drugs Not Suitable for NH Use Drugs w/ High Risks in Elderly
Depression Information Types of Depression	sk Guestionnaire Depression Depression and Medications Depression Relief w/Meds	Drug Information and the Elderly Drugs Not Suitable for NH Use
Depression Information Types of Depression Mental Health in Elderly Depression in Elderly	sk Guestionnaire Depression Depression and Medications Depression Relief w/Meds Meds Aggrevating Depression	Drug Information and the Elderly Drugs Not Suitable for NH Use Drugs w/ High Risks in Elderly
Depression Information Types of Depression Mental Health in Elderly Depression in Elderly	sk Guestionnaire Depression Depression and Medications Depression Relief w/Meds Meds Aggrevating Depression Serotonin-Reuptake Inhibitors	Drug Information and the Elderly Drugs Not Suitable for NH Use Drugs w/ High Risks in Elderly Drugs w/ Low Risks in Elderly
Depression Information Types of Depression Mental Health in Elderly Depression in Elderly Treatment Ideas and Cautions	sk Guestionnaire Depression Depression and Medications Depression Relief w/Meds Meds Aggrevating Depression Serotonin-Reuptake Inhibitors Designer Antidepressants	Drug Information and the Elderly Drugs Not Suitable for NH Use Drugs w/ High Risks in Elderly Drugs w/ Low Risks in Elderly Antidepressants and Rec Dosing
Depression Information Types of Depression Mental Health in Elderly Depression in Elderly Treatment Ideas and Cautions Symptoms of Depression	Depression and Medications Depression Relief w/Meds Meds Aggrevating Depression Serotonin-Reuptake Inhibitors Designer Antidepressants Trycyclic Antidepressants	Drug Information and the Elderly Drugs Not Suitable for NH Use Drugs w/ High Risks in Elderly Drugs w/ Low Risks in Elderly Antidepressants and Rec Dosing Anixolytic and Sedative Drugs
Depression Information Types of Depression Mental Health in Elderly Depression in Elderly Freatment Ideas and Cautions Symptoms of Depression Cognitive Treatment	Depression Depression and Medications Depression Relief w/Meds Meds Aggrevating Depression Serotonin-Reuptake Inhibitors Designer Antidepressants Trycyclic Antidepressants MAOIs	Drug Information and the Elderly Drugs Not Suitable for NH Use Drugs w/ High Risks in Elderly Drugs w/ Low Risks in Elderly Antidepressants and Rec Dosing Anixolytic and Sedative Drugs

Depression Risk Questionnaire



Depression and Hypertension

This is link to the Hypertension and Depression Template in the Hypertension Suite of Templates. For information on how to use this function see the <u>Hypertension</u> and <u>Depression</u> tutor.

epressio	on As A Risk Factor For Hypertension	Return
The Part of the Pa	of Depression and HPT sms of Depression Causing HPT	Tobaccons a service and a serv
High dep	ression scores are an independent predictor of hypertension:	
	white adults aged 45 to 64, with a relative risk of hypertension of 1.80. African-American adults aged 25 to 64, with a relative risk of hypertension of 2.99.	
Vigilance	about the coexistence of depression and hypertension is particularly important in groups at high risk of depression:	
* Eld * VVo	erly persons vmen	
	parated or divorced persons ose with a family history of depression.	
	tensive Drugs Can Worsen Depression tween antihypertensive medications and depression has been suspected for more than four decades.	
	experience Medications Causing Depression	
200000	actions Between Anthypertensives and Antidepressants	
ifestyle (aspects which may worsen depression and hypertension are	
VS	moking	
200	Acohol	
□ In	nactivity	
I P	oor Diet	

At the bottom of the template there are three columns of education documents:

Column 1 -

Depression Information

- Types of Depression
- Mental Health in Elderly
- Depression in Elderly
- Treatment ideas and Cautions
- Symptoms of Depression
- Cognitive Treatment
- Lifestyle and Depression

Column 2 -

- Depression Relief w Meds
- Meds Aggregating Depression
- Serotonin-Reuptake Inhibitors

- Designer Antidepressants
- Triclyclic Antidepressants
- MAOIs
- Herbal Remedies
- Augmentation Strategies
- Review ALL Medications

Column 3 -

- Drugs Not Suitable for NH Use
- Drugs w/High Risk in Elderly
- Drugs w/Low Risks in Elderly
- Antidepressants and Rec Dosing
- Anixolytic and Sedative Drugs
- Common Antipsychotic Drugs