James L. Holly, M.D.

MGMA15 Game Changers

When we hear the term, "game changer," we all know what it means: a person or an idea that is effecting a shift in the current – and often older – way of doing or thinking about something. The MGMA Game Changer concept was developed as a way to highlight MGMA members who are successfully creating change and adopting new models in the healthcare industry. From developing their own health plans to implementing care guides, these MGMA Game Changers are leading the charge in reframing the national conversation surrounding healthcare.

Connect with them at the MGMA 2015 Annual Conference and get an insider's look at how you can apply these game-changing practices within your medical group.

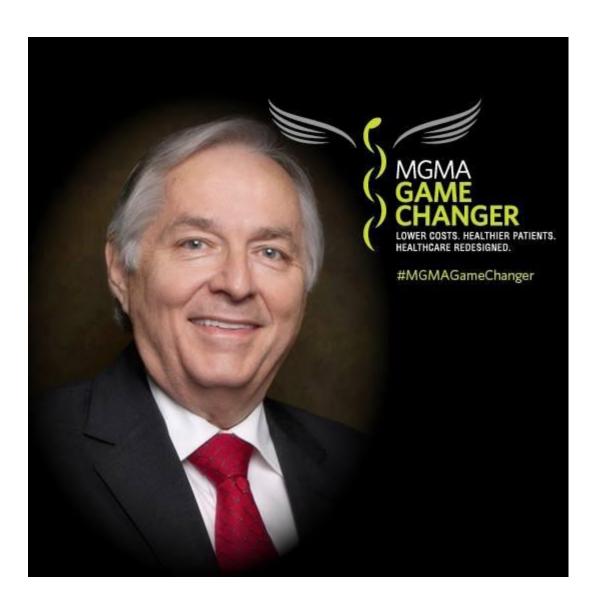
JAMES L. HOLLY, MD – SOUTHEAST MEDICAL ASSOCIATES (SETMA)

MGMA Game Changer James L. Holly MD's medical group, Southeast Medical Associates (SETMA) operates as a patient-centered medical home (PCMH).

Not only is SETMA able to actively monitor patients, receive higher patient-engagement rates and improve practice earnings, but doing so has allowed the practice to follow patients' health conditions and engage them in their care – creating a new care delivery process called "passing the baton." Of the 38% of SETMA's patient population that lives below the poverty level, 95% have multiple chronic conditions that require management, such as diabetes and hypertension. Yet SETMA manages to see an increase in improved patient care and a decline in costs.

Holly recently spoke with MGMA Connection Plus on the benefits of operating as a PCMH.

Curious as to how you can "pass the baton" at your medical practice? Join Holly at MGMA15 to find out.





The attached is a picture of a framed copy of "The Baton." "The Baton" is a pictorial representation of the patient's "plan of care and the treatment plan," which is the instrument through which responsibility for a patient's health care is transferred to the patient. Framed copies hang in the waiting room of SETMA II and will soon hang in all public places throughout SETMA's clinics. A poster copy will be hung in every examination room. The poster declares:

Firmly in the providers hand

--The baton – the care and treatment plan

Must be confidently and securely grasped by the patient,

If change is to make a difference

8,760 hours a year.

The poster illustrates:

- 1. That the healthcare-team relationship, which exists between the patient and the healthcare provider, is key to the success of the outcome of quality healthcare.
- 2. That the plan of care and treatment plan, the "baton," is the engine through which the knowledge and power of the healthcare team is transmitted and sustained.
- 3. That the means of transfer of the "baton" which has been developed by the healthcare team is a coordinated effort between the provider and the patient.

- 4. That typically the healthcare provider knows and understands the patient's healthcare plan of care and the treatment plan, but that without its transfer to the patient, the provider's knowledge is useless to the patient.
- 5. That the imperative for the plan the "baton" is that it be transferred from the provider to the patient, if change in the life of the patient is going to make a difference in the patient's health.
- 6. That this transfer requires that the patient "grasps" the "baton," i.e., that the patient accepts, receives, understands and comprehends the plan, and that the patient is equipped and empowered to carry out the plan successfully.
- 7. That the patient knows that of the 8,760 hours in the year, he/she will be responsible for "carrying the baton," longer and better than any other member of the healthcare team.

The genius and the promise of the Patient-Centered Medical Home is symbolized by the "baton." Its display will continually remind the provider and will inform the patient, that to be successful, the patient's care must be coordinated, which must result in coordinated care. In 2011, as we expand the scope of SETMA's Department of Care Coordination, we know that coordination begins at the points of "transitions of care," and that the work of the healthcare team - patient and provider - is that together they evaluate, define and execute that care.

James L. Holly, MD CEO, SETMA, LLP