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Mark Wilson Clinic - 2010 Dowlen

Hospital Admission Plan of Care

Patient
Date of Birth 10/ /
Age 79 Years
Ethnicity Caucasian
Sex F
Date July 12, 2013

This document has been created to improve the communication between patients, families and caregivers and their physicians while admitted to the hospital. SETMA believes that while your condition may change, this initial assessment will be helpful to you and your family.

Reason for Hospitalization

You have been hospitalized for the chief complaint of heart racing.

You have been admitted under the care of Dr. James Holly, MD. Because of schedules, there may be times when another SETMA physician may make rounds for the physician you are admitted to.

Because of SETMA's integration of Electronic Health Record (EHR), all of your information is available to all members of the Hospital Services Team via a secure connection from any hospital. This ensures that no matter which physician sees you that you will always receive the highest levels of care.

Admission Diagnoses

Your preliminary admission diagnoses from the emergency department or your admitting physician are as follows. These will change with additional testing, consults, treatment and further work up.

Atrial fibrillation

Condition

Your current condition is Stable.

More information will be given to you when your physicians rounds within the next 24 hours. Current questions and concerns may be addressed by members of SETMA's

Hospital Service Team. You will find more information about how to contact the team further down this page.

Estimated Length of Hospitalization

You are being hospitalized to evaluate your current condition and to begin treatment. Once conditions are stabilized or ruled out, you will be discharged. Further work up and/or treatment will be completed as an outpatient. That work up may involve referrals and further testing which will be scheduled at discharge. This outpatient workup plan will only be initiated once the emergent or life threatening condition is stabilized or ruled out.

Most hospital stays are short, one to three days. Other hospitalizations typically last four to six days and in some cases the required treatments may take longer. At any time, you may ask the rounding physician to give you an estimation of how many days until you will be discharged from the hospital. SETMA believes that there are things you can do to improve your health. With your healthcare provider's guidance, you should EAT UP - nutrition is good for you except in a few conditions where for a time you may not be able to eat. GET UP - if possible, you should remain out of bed and walking. GET OUT - the healthiest place for you is home. If your home circumstances are unsafe, SETMA will help you find another place for you to live.

While You Are In The Hospital

SETMA provides multiple skilled professionals to assist you and your family or caregivers as well as the physicians involved in your care. The professionals working in the hospitals are Registered Nurses (RN) and some Certified Family Nurse Practitioners (CFNP). SETMA has at least one member of the Hospital Service Team in one of the three area hospitals at any given time, 24 hours a day, 7 days a week. During the weekdays when volumes are high, SETMA has a minimum of 5 of these professional in the hospital to assist you and your physician. With secure methods of electronic communication, our Hospital Service Team members have instant access to all SETMA physicians who are on duty.

A list of a few things the SETMA Hospital Service Team nurses can do for you and your family or caregiver.

- * Facilitate communication between the rounding physician and the patient and family or caregiver at times when the family or caregiver cannot be available at the time the physician makes rounds.
- * When requested, a team member can come in and explain your current situation, recent tests, pending tests and consultant recommendations.
- * Team members can bring any concerns or requests that you may have to the attention of the rounding physician.
- * Throughout the day physicians are updated with the tests they have previously ordered by the team members, whereas in the past the physician would not find out results until the next morning. Now, any needed follow up or additional tests can be

ordered that same day. This allows for faster follow up and continuous monitoring of your plan of care along with a more accurate plan of treatment and shorter hospital stays.

* At the end of your hospital stay, your physician will notify the Hospital Team of the plan for discharge and give specific orders regarding follow-ups, medications, and needs to be addressed. Then that day you should be visited by one of the SETMA Hospital Team Nurses. They will go over all discharge information with you like Follow up appointments, Discharge medications, and any other special instructions or arrangements.

Contacting Members of the Hospital Service Team While in the Hospital

How can you contact members of the Hospital Service Team? Someone is always on call and can be reached 24 hours a day, 7 days a week. To contact a member of the SETMA Hospital Services Team, call (409) 833-9797 and an operator will answer the phone. Ask the operator to page the "On Call" person for the Hospital Services Team.

Please have the following information ready to give to the operator and they will send it to the appropriate team member who will then be in contact with you as soon as possible.

Your name: _____ Your call back number:

The patient's name: _____

The hospital and room number:

It is our desire to provide you with the best healthcare that is available. We believe that communication is important. Don't hesitate to ask the hospital staff, your physician or a member of SETMA's Hospital Care Team to review your care, the results of tests or our plan of care.

Current Plan

At this time, the plan of care is as follows. This plan will likely change as tests results become available and consults make recommendations.

- Admit to Hospital
- Consults arranged
- Chest X-Ray
- EKG
- Lab as indicated
- Fall Risk Assessment