

James L. Holly, M.D.

Dana Rey NCQA Examining the Value Proposition of Emerging Therapies and Treatment Models for Obesity and Weight Management

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Ms. Dana R. Rey
Senior Health Care Analyst
National Committee for Quality Assurance

Ms. Rey, I have reviewed the contents of the webinar you are leading, *Examining the Value Proposition of Emerging Therapies and Treatment Models for Obesity and Weight Management NACCME*.

My practice, SETMA, LLP, deployed the AMA Adult Weight Management Program 12 years ago. The following link is to the tutorial for the clinical decision support tool we developed from the AMA's 220-page loose leaf notebook on adult weight management.

<http://www.jameslhollymd.com/epm-tools/Tutorial-Adult-Weight-Management>

During the years 1999 to 2004, we developed numerous disease management tools recognizing that whether well or chronically ill, we wanted our patients to pursue:

1. Losing weight
2. Exercising
3. Stopping Smoking or being exposed to tobacco smoke

Every patient seen at SETMA receives the LESS Initiative. (We have placed laser printers in every examination room to facilitate that.) AHRQ has published the LESS on their Innovation Exchange. The following link is to a tutorial on the Initiative.

<http://www.jameslhollymd.com/epm-tools/Tutorial-LESS>

The LESS includes:

1. A weight management assessment which teaches BMI, BMR, Body FAT %, how to change the BMR, weight disease risk and how to decrease that with a 10-20% weight reduction.
2. A personalized exercise prescription after an assessment of current activity and an assessment of aerobic units based on Cooper's work in Dallas.
3. An evaluation of exposure to primary, secondary, and/or tertiary tobacco with counsel for smoking cessation.

This is one of the foundations of our medical home. SETMA is recognized by

1. NCQA PC-MH Tier III (2010-2016)
2. NCQA diabetes (2010-2016)
3. NCQA. Cardiac/Stroke (2013-2016)
4. NCQA PC-MH CAHPS Distinction (to be awarded in April)

SETMA is also accredited by:

1. AAAHC for PC-MH (2010-2017)
2. URAC for PC-MH (2014-2017)
3. The Joint Commission (PC-MH 2014-2017)

SETMA has created the ability for our providers to use the new CMS codes for Intensive Behavioral Therapy for Obesity. Our deployment of the Intensive Behavioral Therapy codes is described in the tutorial found at the linked below.

[http://www.jameslhollymd.com/epm-tools/Intensive-Behavioral-Therapy-Obesity-Cardiovascular- Disease-Tutorial](http://www.jameslhollymd.com/epm-tools/Intensive-Behavioral-Therapy-Obesity-Cardiovascular-Disease-Tutorial)

I would enjoy showing The Less Initiative to you.

Sincerely yours

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PS:

The following is SETMA's tracking and auditing of the HEDIS measures.

<http://www.jameslhollymd.com/EPM-Tools/pdfs/tutorial-medical-home-coordination-review-tutorial.pdf>

The tutorial for the HEDIS measures are found on pages 42-59 of the above link.

Finally, for 5+ years SETMA has published our providers' performances on HEDIS by provider name on our website. The following link to our public website shows our providers performances on HEDIS on pages 2-4. Lower down on page 4, our performances on NCQA Diabetes is posted

<http://www.jameslhollymd.com/Public-Reporting/pdfs/public-reports-by-type.pdf>