James L. Holly, M.D.

September 15, 2016 – Interim Administrator The Oaks, Beaumont, Texas

It was a pleasure meeting with you this morning and discussing our mutual interest in long-term residential care excellence. The positive steps you have already taken are going to help. I have copied the following members of SETMA's "I Care Initiative" - Initiative for Comprehensive Advanced Healthcare Resources for the Elderly. (<u>http://www.jameslhollymd.com/i-care-initiative/</u>), they are:

- Kathryn Brumley, LVN SETMA's liaison and clinical assistant at The Oaks
- Julie McClure, CFNP SETMA's CFNP which sees patients at the Oaks
- Syed Anwar, MD SETMA Partner and Director of the I-Care Team
- Muhammad Aziz, MD SETMA's Managing Partner and member of the I-Care Team
- James L. Holly, MD SETMA's Founder and CEO and member of the I-Care Team

A portrait of SETMA's I-Care Team – Kate joined the team after this portrait was taken



The following are links to SETMA's tools for improving care in long-term residual care:

• <u>Principal Nursing Home Templates</u>

The next five are the major areas of concern in long-term residential care which we spoke about this morning:

- 1. Depression
- 2. Fall-Risk
- 3. <u>Hydration</u>
- 4. Skin Care
- 5. <u>Nutrition</u>

The last two are two special care cases

- <u>Antipsychotics</u> -- In an effort to decrease the inappropriate use of antipsychotic medications in Texas Nursing Homes, The Texas Medical Foundation and the Texas Department of Aging and Disability provided this toolkit. SETMA has taken this tool kit and created a Clinical Decision Support tool to improve the care of the patients for whom we have responsibility.
- Nursing Home Care Guidelines -- The full name of this template is *Guidelines for Care of Nursing Home Patients*. It consists of 28 sets of guides for treatment of specific problems which are common in many clinical settings particularly in long-term residential care.

We also discussed the value of the Electronic Prescribing of Controlled Substances (EPCS). The following introduces you to SETMA's work in this area:

- <u>http://www.jameslhollymd.com/In-The-News/surescripts-2015-national-progress-report</u>
- <u>http://www.jameslhollymd.com/In-The-News/pdfs/flipping-the-script-using-epcs-for-</u> customized- compassionate-care.pdf

This is Surescripts 2015 annual report on the use of electronic prescribing of controlled substances with a section (second link) on SETMA.

- 1. August 20, 2015 -- <u>Your Life Your Health Prescribing Pain Medications: A Conundrum</u> for Patient and Provider
- 2. August 31, 2015 -- Letters SETMA Tools for e-prescribing controlled substances, pain management policy and Urine Drug Screens
- 3. September 10, 2015 -- <u>Letters SETMA's letter with Inclusions sent to 105 Pharmacies</u> <u>About e-Prescribing</u>
- 4. September 17, 2015 -- <u>Your Life Your Health ePCS and High Intensity Drug</u> <u>Trafficking Areas (HIDTA) Program</u>
- 5. October 22, 2015 -- <u>Letters Texas e-Prescribing of Controlled Substance Outreach</u> <u>Planning Group</u>
- 6. October 25, 2015 --- EPM Tools ePrescribing of Controlled Substances Tutorial

- 7. January 7, 2016 -- <u>Your Life Your Health Looking Back as a Foundation for</u> Envisioning the Future Part I
- 8. January 14, 2016 -- <u>Your Life Your Health Looking Back as a Foundation for</u> <u>Envisioning the Future Part II</u> -- the following is an excerpt from this link:

ePCS has been a major advance in quality and safety for patients. All of SETMA's providers, including nurse practitioners are participating in this program and SETMA is working with the Texas section of Medicaid-CHIP Health Information Technology Health and Human Services Commission to expand the usage of this tool across Texas. (see: <u>ePCS and High Intensity Drug Trafficking Areas (HIDTA) Program</u>)"

- 9. January 21, 2016 -- <u>Your Life Your Health SETMA's Past Defined by Three Seven-</u> Year Segments which Help Guide the Future
- 10. December 24, 2015 -- <u>Transforming Your Practice Introduction to SETMA's TCPI</u> <u>Library</u>

I look forward to your visit to SETMA where I can introduce you to some of the tools which we use in the care of long-term facility residents. I also look forward to working with you to make The Oaks very successful.

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