

James L. Holly, M.D.

March 17, 2015

Dear Colleague:

Southeast Texas Medical Associates is proud to work with you in caring for some of our most vulnerable friends and neighbors. A portrait of SETMA's I-Care team can be seen at [SETMA's I-Care team](#). We are all aware that no one wants to leave their home for another residence and we are equally aware that without your mission and indeed ministry many disabled and elderly would have no safe place to live. Thank you for allowing us to work with you in this important healthcare area.

For the past twenty years and before, SETMA has worked with long-term care facilities to offer high quality care to your residents. SETMA has worked with electronic patient records since 1998 and with electronic patient management since 1999. We have deployed numerous tools to improve the care residents in your facility and others need. This letter is to introduce you to some of the tools which we use and with which you may not be familiar. The following are links to many of those tools which are displayed on our website at www.jameslhollymd.com. All of these tools may be used by others without cost or charge.

The Nursing Home Suite of Templates

In addition to the general templates designed specifically for [Nursing Home Care](#)), SETMA identified five major problems which often result in complaints of care; they are:

1. [Hydration](#)
2. [Nutrition](#)
3. [Skin Care](#)
4. [Fall Risk](#)

- 5. [Depression](#)
- 6. [Guidelines to Care](#)

As you will see below, SETMA has designed specific tools for each of these conditions to make sure evaluation and documentation for each is excellent.



The following are links to the tutorials which explains the content and the use of each of the tools for the nursing home.

- [Depression Tutorial](#)
- [Fall Risk Tutorial](#)
- [Hydration Assessment Tutorial](#)
- [Nursing Home Guidelines for Care Tutorial](#)
- [Nursing Home Principle Suite of Templates](#)
- [Nutrition Assessment Tutorial](#)
- [Skin Care Tutorial](#)

Behavioral Health

SETMA is accredited as a Patient-Centric Medical Home and for Ambulatory Care (for details of these accreditations, see [Accreditations](#) by:

- **National Committee for Quality Assurance (NCQA) -- 2010-2016**
- **NCQA – Diabetes Recognition – 2010 – 2016**
- **NCQA – Heart And Stroke Recognition – 2010-2016**
- **NCQA – Distinction in Patient Experience Reporting – 2014-2015**
- **Accreditation Association for Ambulatory Health Care (AAAHC) -- 2010-2017**
- **URAC – 2014-2017**
- **The Joint Commission – 2014-2017**
- **The Joint Commission – Clinical Laboratory Services – 2014-2016**

Behavioral and Mental Health Services

SETMA is the only practice in America to simultaneously hold all of these accreditations. Both in keeping with our responsibility to you, our partners in long-term residential care and to our expanding role as a medical home, SETMA is expanding our Behavior Health services and care (for details see the following link: [Behavioral Health in SETMA's Patient-Centered Medical Home Model of Care](#)) In May, Dr. Dona Keith, psychiatrist, will join SETMA's staff. She will provide ambulatory care to our patients and psychiatric services to your residents. She will see the patients being care for by SETMA's providers and for other residents for which you may need these services. In addition, SETMA is partnering with Lamar University under the direction of Carl J. Sheperis PhD,

NCC, CCMHC, MAC, ACS, LPC Chair, Counseling and Special Populations Lamar University to provide PhD and Masters Level trained counselors and Behavior and Mental Health specialists. These qualified students will be working with us in Ambulatory care and in long-term care.

Reduction of Antipsychotics Toolkit

Below are links to SETMA's Behavioral Health services. Of particular interest to you may be the Texas Department of Aging and Disability Services' published Reduction of Antipsychotic Medications Toolkit Reduction of Antipsychotics Toolkit. For SETMA's tutorial on our deployment of this tool see [Tutorial for SETMA's Deployment of the Texas Department of Aging and Disability Services' Reduction of Antipsychotic Medications Toolkit](#). This is a major state-wide effort to improve the use of these medications. SETMA will be using this tool on all of our patients in long-term care facilities.

SETMA's tools at www.jameslhollymd.com

The following screenshot shows where these tools are located on SETMA's website.



The following are the links to each of these tools.

- [Adult Weight Management Tutorial](#)
- [Annual Questionnaires: Fall, Functional, Pain, Stress, Wellness](#)
- [Depression Tutorial](#)
- [Fall Risk Tutorial](#)
- [Health Insurance Portability and Accountability \(HIPAA\) Privacy Tutorial](#)
- [Intensive Behavioral Therapy \(IBT\) Obesity and Cardiovascular Disease Medicare Preventive](#)
- [LESS Initiative Tutorial](#)
- [Medical Hone Transtheoretical Model Assessment Stages of Change Tutorial](#)
- [Pain Management Tutorial](#)
- [Smoking Cessation Tutorial](#)
- [Stratifying End-of-Life Risk for Hospice Services Tutorial](#)

In May, SETMA and the SETMA I-Care team would like to host you at a luncheon at which we will introduce you to some of these tools and to SEMTA's philosophy of electronic patient management. We will send you more information about this soon.

(On Thursday morning, March 19, 2015, our phlebotomists will deliver to your facility two copies of the *Examiner's Vital Signs*. These are for the Administrator and the Director of Nurses. On pages 4-6 and 8-10, there is an article about some of the work of Lamar's Dr. Carl Sheperis. On pages 15, 20-12, 36 and the back cover, there is information about SETMA. I hope you will have the opportunity to review this. The material about SETMA can be review at [Vital Signs – Examiner Publication](#) and the entire magazine can be seen at [Vital Signs - Spring 2015](#).)

Sincerely yours,

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