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## **Pre-Acute Care: Assisted Living**

The Future of Healthcare Here Today at \_\_\_\_\_ Assisted Living and SETMA -- Pre-Acute Care

In healthcare, attention is paid to the quality and cost of what is called “post acute” care. This includes Long Term Acute Care (LTAC), Skilled Nursing Facility Care (SNF) and Rehabilitation Care. While these are important parts of the healthcare continuum, there is growing attention being given to “pre-acute” care. “Pre-acute” care is a broad spectrum of care settings which work toward helping you maintain personal independence and personal autonomy.

\_\_\_\_\_ Assisted Living and Southeast Texas Medical Associates, LLP are working together to provide a high quality, safe and fulfilling living environment where both of these independence and autonomy are actively supported.

“Patient autonomy” is your right to make decisions about your medical care without your health care provider trying to influence the decision. Patient autonomy allows health care providers to inform you but does not allow the provider to make the decision for you. It is important for your relationship with your healthcare provider and the facility where you reside not only to embrace and endorse your autonomy but actively to support you as the “captain of the ship of your life.” And, it is important for your healthcare provider and the management and staff of your residence to share a common philosophy of care and to have access to routine and acute collaboration.

SETMA, accredited by four different patient-centered medical home (PC-MH) accreditation agencies for the past seven years, in collaboration with Assisted Living is committed to your autonomy as expressed in “shared decision making” between you and the care givers who support your maintenance of independence and autonomy.

Your “pre-acute” care program is design to help you maintain your health with appropriate preventive health and screening health services. With regular “in home” visits, SETMA will help you make wise and informed decisions about your healthcare. In collaboration with \_\_\_\_\_ staff, SETMA care givers will help you anticipate healthcare needs before they become acute and they will help you manage your care when you do have an illness which requires “acute care.”

With secure electronic health records, your SETMA healthcare providers have access to your health history, medications and healthcare needs twenty-four-hours a day, seven-days a

week. With electronic prescribing of medications, routine and controlled substances when they are needed, the connection with the pharmacy of your choice, \_\_\_\_\_ and SETMA is seamless.

Whether your healthcare visit is in \_\_\_\_\_ routinely, occasionally in a SETMA clinic, or hopefully rarely in an emergency room or hospital, the continuity of your care is informed, safe, of high quality and documented in a record which is always available. Welcome to the future. Welcome to the collaboration between you, Assisted Living and Southeast Texas Medical Associates, your “pre-acute” healthcare team.