

James L. Holly, M.D.

Sound Advice for Life – Original Source Unknown

(This was sent by a friend. No doubt, anyone could quibble with some of the statements but while they do not tell the “whole story,” they certainly are a significant part of “the story.”)

1. Before middle age – do not fear!!
2. After middle age – do not regret!
3. Enjoy your life while you can
4. As long as it is physically possible, visit places you wish to visit.
5. When there is an opportunity, get together with old classmates, old colleagues & old friends.
6. When it is time to spend, just spend, treat yourself well as you’re getting old.
7. Whatever you fell like eating, just eat! It is most important to be happy.
8. Treat sickness with optimism. Whether you are poor or rich.
9. Do not be afraid or worried when you are sick.
10. Let the doctors handle your body, God handle your life, but be in chare of your own moods.
11. Our kids will make their own fortune.
12. Your old friends – seize every opportunity to meet up with your friends. Such opportunities become rare as time goes by.

1.



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5.



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6.

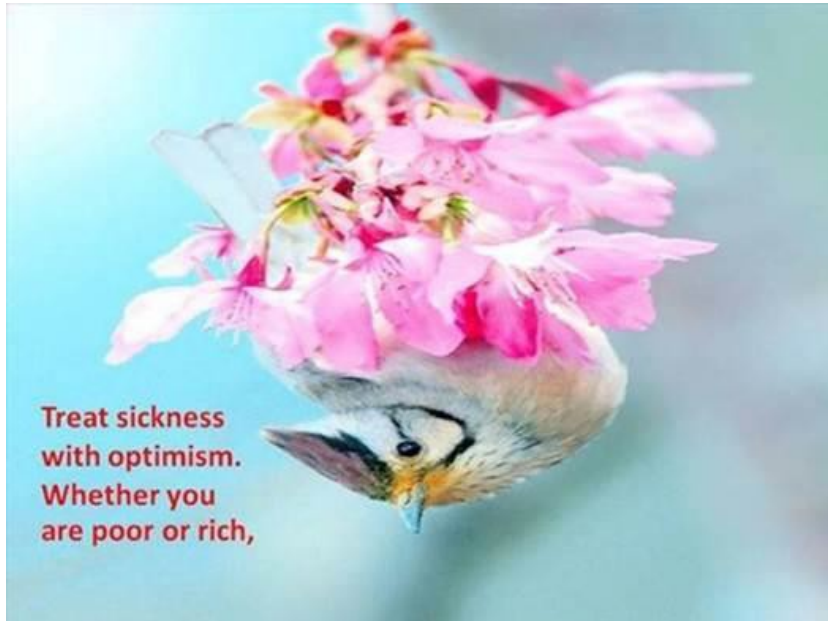


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7.



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10.



11.



12.

