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STARs Program and SETMA's Solution By James L. Holly, MD Your Life Your Health *The Examiner* April 26, 2012

Increasingly, health plans and particularly Federal programs are requiring evidence of quality performance with reimbursement tied to that evidence. In 2007, the *Institute for Healthcare Improvement* (IHI) enunciated **The Triple Aim** for the future of healthcare which is: improved health, improved care, lower cost. The IHI identified "integrators" of health as the organizations which would move healthcare in the direction and to the destination, we need to go. Three of those "integrators" are:

- 1. Medicare Advantage
- 2. Medical Home
- 3. Accountable Care Organizations

Each of those "integrators" have a defined set of quality measures which are required in order to participate and in order to receive the maximum reimbursement.

- 1. Medicare Advantage Stars Program 53 Quality Metrics
- 2. Medical Home National Quality Forum endorsed measures 10 required by NCQA
- 3. Accountable Care Organizations 33 define quality metrics

There is significant overlap to these requirements. Because SETMA reports on numerous quality measures and groups of measures – NCQA, PCPI, AQA, HEDIS, NQF, Guidelines Advantage, Core Measures (Hospital), Bridges to Excellence, PQRS, Joslin, SETMA Developed Measurement SETS and STARS, ACO measurements – we are preparing a spreadsheet which will show how many measurement sets each metric appears in. The ideal will be for a single measurement set be developed. The only limitation to that ideal is there are legitimate cases where a metric is relevant to one entity and not to another.

SETMA's deployment of the STARs measures is to insure that the Golden Triangle Physicians Alliance (GTPA), a qualified Independent Physician Association (IPA), achieves a 5-Star rating. Because the provider-performance-dependent metrics are HEDIS measures and because SETMA has been tracking and auditing HEDIS performance for five years, the Stars program is nothing new to us. In fact, SETMA's HEDIS results, by provider name, are reported on our website at <u>www.jameslhollymd.com</u> under *Public Reporting*.

We do believe that the specific attention to the Stars subset of HEDIS measures will enable us to

know more precisely where our performance falls short and to address improvement strategies. Always remember, any information required to determine if the patient is eligible for a metric and any determination if they are adherent is automatically aggregated.

(The following excerpt is from a "*Data Brief*" is from the *Medicare Advantage Plan Star Ratings* supported by the *Henry Kaiser Family Foundation*.)

For several years, the Centers for Medicare and Medicaid Services (CMS) has posted quality ratings of Medicare Advantage plans to provide Medicare beneficiaries with additional information about plans offered in their area. All Medicare Advantage plans are rated on a 1 to 5 star scale, with 1 star representing poor performance, 3 stars representing average performance, and 5 stars representing excellent performance. The quality scores for Medicare Advantage plans in 2011 are based on 53 performance measures that are derived from plan and beneficiary information collected in three surveys – HEDIS, CAHPS, and HOS – and administrative data. For example, the performance measures include whether the plans' enrollees received the appropriate screening tests, the number of complaints CMS received about the plan, and how enrollees rated the communication skills of the plans' physicians. CMS assigns quality ratings at the contract level, rather than for each individual plan. This means that every Medicare Advantage plans covered under the same contract receives the same quality rating (and most contracts cover multiple plans).

In 2012, Medicare Advantage plans will begin to receive bonus payments based on quality ratings. These payments were initially established in the 2010 health reform law that provides for bonus payments to plans that receive 4 or more stars and to unrated plans beginning in 2012. In addition to the bonus payments established by the health reform law, CMS will also be launching a 3-year demonstration to begin in 2012 that increases the size of bonuses for these plans, and also provides bonuses to plans rated as average (receiving 3 or 3.5 stars), using the same 1 to 5 star scale. The demonstration, according to CMS, aims to encourage "plans to improve performance at various star rating levels" and to test "whether providing scaled bonuses will lead to more rapid and larger year-to-year quality improvements in Medicare Advantage program quality scores," compared to the bonus structure under the health reform law. Proponents say the demonstration will encourage plans at various star ratings to improve or maintain their quality ratings, while others question the appropriateness of providing bonuses to plans with average ratings, and the costs associated with the demonstration.

Star Ratings. CMS rates Medicare Advantage plans on a scale of one to five stars, with five stars representing the highest quality. The CMS defines the star ratings in the following manner:

5 Stars	Excellent Performance
4 Stars	Above Average Performance
3 Stars	Average Performance
2 Stars	Below Average Performance
1 Star	Poor Performance

All Health Maintenance Organizations (HMOs), Point of Service (POS) plans, local Preferred Provider Organizations (PPOs), regional PPOs, and Private Fee-for-Service (PFFS) plans are eligible for bonus payments, and are rated by CMS unless they are too new or have too few enrollees. The star ratings are derived from four sources of data: 1) CMS administrative data on plan quality and member satisfaction; 2) the Consumer Assessment of Healthcare Providers and Systems (CAHPS®); 3) the Healthcare Effectiveness Data and Information Set (HEDIS®); and 4) the Health Outcomes Survey (HOS). CMS groups the individual quality measures for the 2011 stars into the following nine domains:

Domain	Number of Measures
Staying healthy: screenings, tests, and vaccines	13
Managing chronic (long term) conditions	10
Drug plan customer service	7
Ratings of health plan responsiveness and care	6
Health plan member complaints, appeals	4
Drug pricing and patient safety	4
Health plan telephone customer service	3

Drug plan member complaints, members who choose to leave, and Medicare audit findings	3
Member experience with drug plan	3

ETMA's Tutorial for Using the EMR's STARs Deployment

As with all of SETMA's tracking of quality metrics, one patient at a time, their fulfillment is aggregated incidental to care. The object of patient care is not the fulfillment of quality metrics; it is "better care, better health and lower cost." But, like a Global Positioning System (GPS), quality metrics can tell you where you are, where you want to go and how to get there. But, also like a GPS, the object of the trip is not simply to know the points along the way. The object is to safely, securely and successfully to reach the goal.

SETMA's STARS deployment can be found on the AAA Home template by clicking on the button entitled "STARS Program Measures," which is outlined in green below.

MEDIC FL 45	AST TELES	atient	Jonny Home Phone Work Phone	ZTest (409)833-9797 (409)833-9797		ge 31 /30/1980	Patient's Code Full Code	Status	
	STARS Program Measures Pre-Vist/Preventive Screening Bridges to Excellence							llence	
Preventive	Care		Template Su	ites	Disease Manageme	ent Last L	pdated	Special Functions	
SETMA's	LESS Initiative T		Master GP	Т			8/2011	Lab Present	
Last Up	dated 12/05/201	11	Pediatrics		Hypertension T	01/0	9/2012	12 Lab Future T	
Preventin	<u>q Diabetes</u> <u>T</u>			na T	Lipids T	11/0	8/2011	Lab Results T	
Last Up	Last Updated 01/10/2012 Nursing Home T					/	Hydration T		
Preventin	Preventing Hypertension T Ophthalmology				Acute Coronary Syr		<u>Nutrition</u> <u>T</u>		
Smoking (Cessation T Physical Therapy		<u>Angina</u> <u>T</u>		4/2012	<u>Guidelines</u> <u>T</u>			
Care Coord	ination Referral		Podiatry		<u>Asthma</u>	Asthma 10/07/2010		Pain Management T	
PC-MH Co	ordination Revie	ew	Rheumatolo	av	Cardiometabolic Risl	k Syn T 03/2	3/2011	Immunizations Reportable Conditions	
	s Attention!!				CHF T	08/1	9/2010	Reportable Conditions	
and the second se	IQF PQRS edication Summary		Hospital Car	e	Diabetes Education	1	1	Information	
A CONTRACTOR OF CONTRACTOR	suication Summary	Y	Hospital Car	e Summary T	Headaches	11/0	8/2011	Charge Posting Tutorial	
Exercise	+		Daily Progre	ss Note	and the second		4/2011	Drug Interactions T	
Exercise T CHF Exercise T		Admission O	orders T	Renal Failure			E&M Coding Recommendation		
A CONTRACTOR OF A CONTRACTOR O	Exercise T				Weight Management	I [/	/	Insulin Infusion	
Patient's Pharmacy Pending Referrals T									
Bruce's	Pharmacy	-	Status	Priority	Referral	Referring Provid	ler 🔺	Chart Note	
Phone	(409)962-4431		Completed	Immediate	SETMA Infectious	Ahmed		Return Info	
Fax	(409)962-0723	_	Completed	Routine	Disease	Holly]	Return Doc	
	1	1	Completed	Stat	Adenosine Cardiolite			Email	
Rx Sheet - Active Rx Sheet - New		Completed Routine		Stress Test	Abdullah		Telephone		
		Completed	Immediate	SETMA	Sims	•	Records Request		
Rx	Sheet - Complete		•				•	Transfer of Care Doc	
	Home Health								

The button outlined in green above launches the Medical Advantage 2012 STARS Program template as seen below. The legend reminds SETMA's providers that all measures which apply

to the current patient and that have been met are in black; all which apply and have not been met are in red and all that do not apply are in gray.

		Medicare Advantage 2012 STARS Program			
Legend	Measures in red are measures which apply to this patient that are not in compliance Measures in black are measures which apply to this patient that are in compliance. Measures in gray are measures which do not apply to this patient.				
	View	Adult BMIAssessment			
	View	Colorectal Cancer Screening			
		Breast Cancer Screening			
	View	Glaucoma Screening in Older Adults			
	View	Use of High-Risk Medications in the Elderly			
	View	Care for Older Adults			
	View	Controlling High Blood Pressure			
	<u>View</u>	Cholesterol Managment for Patients with Cardiovascular Disease			
	View	Comprehensive Adult Diabetes Care			
		Osteoporsis Management in Women			
		Disease Modifying Anti-Rheumatic Drug Therapy for Rheumatoid Arthritis			
	View	Flu & Pnuemonia Vaccines			
	View	Fall Risk Assessment & Prevention			
	View	Diabetes Medications			
	View	Hypertension Medications			
	View	Cholesterol Medications			